

First Aid for the Elderly – 8 hours

This First Aid for the Elderly course is designed specially to enable caregivers of the elderly to respond promptly and effectively if someone they are caring for is injured or taken ill.

Our first aid trainers all have experienced in accident and emergency situations in addition to their skills as first aid instructors. By including real life situations as part of our training we can enhance the learning experience and make our courses much more relevant and interesting.

If you are not sure which first aid course you need or would like help assessing your needs, please call **(8224 2658)** or email us (training@sgcaregiver.org) with your enquiry

COURSE CONTENTS

Part I

- Responding appropriately to a first aid emergency
- Understanding how ageing impacts on the elderly
- Recognizing the symptoms of some common disease for the elderly

Part II

- Common incidents for the elderly
- Common causes of unconscious
- Management of unconscious casualty
- Basic Life Saving Techniques
 - Foreign Body Airway Obstruction (FBAO) Management – Heimlich Maneuver
 - Cardio Arrest Management – Cardiopulmonary Resuscitation (CPR)

Part III

- Basic Understanding of Medication Management
- First Aid Kit contents

Duration: 8 Hours

- 7 Hours (Theory/Practical) + 1 Hour (Assessment)

Attendance requirement for assessment

- 100% course attendance is required to sit for the assessment

Completion Certificate

- *Certificate of Achievement of First Aid for the Elderly* will be awarded to those who are completion of the training and achieve the assessment requirement

Course Fee:

- \$160.00 per participant

Course Venue & Enquiry

- **Singapore Caregiving Academy** – Further notice will be given when the class is confirmed
- Hotline: **8224 2658**